



KAY CARL'S SPORTS PAGE

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COACHES CORNER

We are three months into the school year, and our students and staff are working hard! Let's continue striving for strong attendance by keeping our school rate above 90%. If your child is sick for more than two days, please remember you have access to Hazel Health for a free consultation and fill out our google form.

At KCES, we follow our core values: K-Kind, C-Capable, E-Empathetic, and S-Safe and Responsible. If you have a concern, please bring it to your teacher or the front office. Our teachers and administration work closely together to address and resolve issues, and we kindly ask for patience and understanding as we partner with you. We know your child is your number one priority—and they are ours, too!



EVENTS TO COME

- November 4th-Ornament night
- November 11th-NO SCHOOL
- November 12-Kona Ice
- November 14-Ruby Bridges Walk
- November 26-Glittering Lights Fundraiser
- November 26-28th-NO SCHOOL
- November 13-December 11 MAP Testing Window Opens



NEVADA READY PRE-K ROOKIE SQUAD

We are having so much fun in Pre-K! We are currently learning about building and incorporating learning by building with our materials in our classroom with different modalities. We are also learning about our social emotional skills and building those important fine motor skills by making art and bracelets with patterning. Every day is a great day in Pre-K!

PRE-K MIGHTY MINIS

We are wrapping up our pumpkin theme and will begin learning about fall, turkeys, and Thanksgiving! We will continue to work on counting, the letters of our names, and rhyming words. Here are some simple and fun ways to support your preschooler during Thanksgiving and throughout the fall season: Set the Table: Ask your child to help set the table for family dinner. “We have 4 people—can you count out 4 forks?” Repeat with plates, napkins, or cups. Bake & Measure Together: Count scoops, spoonfuls, or ingredients while cooking. For example, “We need 2 eggs—can you help me count them?” Story Time: Read Thanksgiving or fall-themed books together. Some favorites include Bear Says Thanks by Karma Wilson and 10 Fat Turkeys by Tony Johnston.

HARRIS’ ALL-STARS

🏈 Harris’ All-Stars: First Quarter Highlights

Coach Harris’ Game Plan Update

👉 Quarter One Recap: The Opening Kickoff!

Wow! The first quarter of our game plan is officially in the books, and what a season opener it’s been! Our classroom has been full of exciting scrimmages and championship-level effort. Every one of our MVPs (Most Valuable Players) is also an MVR (Most Valuable Reader)!

On the Field of Reading, we’ve been tackling sight words and practicing how to follow along during reading time. Each player has been training hard, following their personal playbook to master new words. Thanks to their effort, we’ve seen plenty of touchdowns and extra points especially when it comes to math! This team is on a winning streak!

🍏 Apple Season Stats

Our players huddled up to learn all about the life cycle of apples and the different colors they come in. The top statistic of the week? There are over 7,500 kinds of apples — a real record- breaker! We watched a video connected to our Scholastic “Let’s Find Out” newspaper and then teamed up with our first-grade teammates for an apple tasting event. Players sampled red, yellow, and green apples and enjoyed a refreshing cup of apple juice. Every flavor was a win!

🎃 Pumpkin Playoffs: Second Quarter Goals

Now we’re moving into pumpkin season, and our next big matchup involves a huge classroom pumpkin! One lucky MVP will get to take it home after the big game.

- Counting pumpkin seeds
- Roasting and crafting with them
- Reading pumpkin-themed stories
- Completing a pumpkin life cycle stat chart

Not all of our MVPs are fans of pumpkin seeds, but they’re all showing championship teamwork and creativity!

🍂 Fall Championship Season

As the weather cools, we’re celebrating Fall and all it brings to the game — cooler temps, fun activities, and Thanksgiving on the horizon. We are truly thankful for our MVPs, their dedication, and their effort on and off the field. They’re practicing daily to earn their game points and showing what teamwork and perseverance can do!

🏆 Coach’s Closing Huddle

Keep up the hustle, All-Stars! Your hard work, sportsmanship, and spirit make this classroom a championship team every single day.

Happy Fall, Y’all! 🍁

— Coach Harris

PHYSICAL EDUCATION

After School Sports:

We congratulate our Kay Carl student athletes on an outstanding season in flag football and look forward to future successes on the field. Let us continue to support and celebrate our students of Kay Carl, who exemplify the spirit of sportsmanship and dedication as we move into our next school sport or soccer.

Physical Education:

We are excited to share the latest happenings in our Physical Education (PE) program at Kay Carl Elementary! Our school is buzzing with energy as students, teachers, and staff members fully engage in a diverse range of physical activities and educational initiatives. Here's a glimpse into the exciting world of PE at Kay Carl Elementary: Our PE program at Kay Carl Elementary is designed to cater to a variety of interests and abilities. From traditional sports like soccer, basketball, and wallball to creative activities like dance and tumbling, our students are exposed to a wide array of physical pursuits. We believe in the power of inclusivity, ensuring that every child has the opportunity to participate and thrive, regardless of their athletic background.

In addition to physical activities, we prioritize teaching our students about the importance of leading a healthy lifestyle. Through interactive lessons and discussions, our PE classes emphasize the significance of balanced nutrition, regular exercise, and mental well-being. We believe that fostering these healthy habits at a young age will set a strong foundation for our students future well-being.

KINDERGARTEN KICKERS

Kindergarten students are learning how to make new friends, take turns, share with a partner, and be problem solvers. Students are learning many reading, writing, and math skills, and we will continue to build on those all year long!

As Kindergarten teachers, we love to help our students, but some basic self-help skills make things in Kindergarten much easier. Self-help skills you can practice at home to help your child at school:

- Taking shoes on and off
- Tying shoelaces
- Taking a coat on and off
- Zipping and unzipping
- Buttoning and unbuttoning
- Washing hands independently
- Sneezing inside their shirt to help prevent the spread of germs
- Practicing appropriate bathroom behavior

This is a good time to check the change of clothes that has been in your child's backpack. It may need to include warmer clothes, or as students grow, it may need bigger sizes. This is also a good time of year to check their shoes. As they grow taller, their feet grow longer, and they may need the next size up.

Please continue to check backpacks and folders every night for important information and clean out any papers that do not need to be returned to school.

We are excited to see the progress our students will continue to make as we near the end of the first semester!

FIRST GRADE FIRST-DOWNS

First Grade News: Wrapping Up Our 1st Quarter!

It's hard to believe the first few months are already behind us! Our first graders have been working hard and growing in so many ways. We've built strong classroom routines, made new friends, and learned exciting new skills across all subjects. We continue to practice Kelso's Choices and encourage you to keep discussing them with your child.

As a reminder, it's getting colder so please make sure you are sending your child with a jacket and please write their name on the inside in case it gets lost.

In math, students have been strengthening their fact fluency by working to quickly and accurately solve addition and subtraction facts within 10. We've practiced using number bonds, ten frames, and fun games to help make math facts stick!

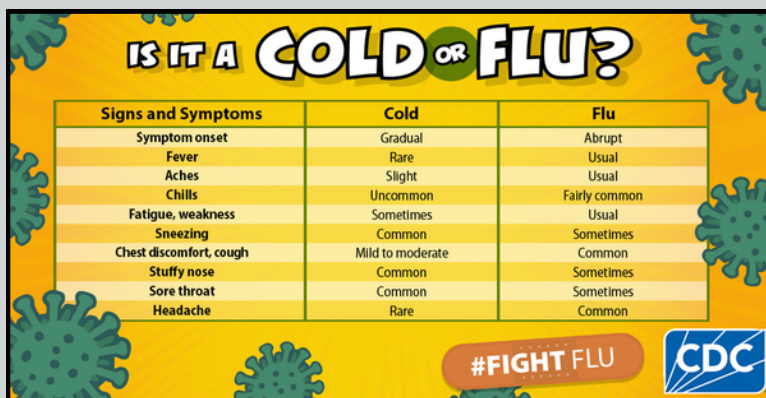
In writing, students are learning the writing process—planning, drafting, revising, and sharing their work. They're writing complete sentences with capitals and punctuation, adding details, and beginning to organize their ideas into short paragraphs. It's amazing to see their creativity come to life in their stories and journal entries.

In reading, we've focused on identifying text features in both fiction and nonfiction texts. Students have learned how to use titles, headings, captions, and diagrams to better understand what they read. We're also building comprehension skills by discussing characters, setting, and key details.

The progress from the first few weeks to now has been incredible! We're so proud of how much our first graders have accomplished.

2ND ROUND KNOCKOUTS

Our second graders have had a busy first couple of months! We have been introducing the writing process to our students and have modeled how to write a persuasive paper. Students are now working on writing their own persuasive pieces. Our students have also been learning how to identify the central idea of a text, as well as determine the point of view from which the text is written. In phonics, we have been focusing on the silent e pattern. We have also been learning how to identify nouns, verbs, and adjectives in sentences, along with changing singular nouns into plural nouns. In math, we have learned about place value and how to identify ones, tens, and hundreds in any given number. We are now moving on to learning multiple strategies to add two-digit numbers together.



CHAMPIONS CODE PBIS

We are thrilled to spotlight our exceptional Champions, who have been named Student of the Month Super Citizens for September. This recognition is not only a testament to the hard work, dedication, and positive impact these students have made within our school community, but it also highlights the support and encouragement from those around them.

Let's continue to support and uplift our students, recognizing the achievements and contributions that make our community more robust and vibrant. Congratulations again to our September Champions of the Month, and a heartfelt thank you to Dentistry for Families and Dr. Zac Soard for their sponsorship and dedication to KCES excellence.

Mixed Grades: Jack S, Bentley J, Owen C, and King D.

NV Ready PreK: Mirabelle K. and Alyne S.

Kindergarten: Olivia C., Hoyt G., Silas U., Kendall C., William C., and Hyrum S.

First Grade: Alyse A., Mia B., Logan H., and Blakely B.

Second Grade: Camilla P., Madeline Y., Antonia T., and Klara S.

Third Grade: Jonah S., Sarah F., Jaden L., and Mia F.

Fourth Grade: Heaven B., Turias J., Kayla E., Xian A., Aubrey E., Isaac M., Emma H., and Devin A.

Fifth Grade: Dax R., Mia A., Cole H., Olivia H., Marley G., Jordan W., Mya C., Valerie M.

THE NURSE'S INJURY REPORT

Hi! My name is Sara, and I'm the school nurse here at Kay Carl Elementary School. I'm excited to be part of this wonderful school community and to help support the health and well-being of our students. In addition to school nursing, I have a background in intermediate care nursing, also known as IMC or step-down care in hospital settings. This specialized area involves caring for patients who are more critically ill than those on a regular medical-surgical floor, but not quite in need of intensive care. IMC nurses work in a fast-paced environment that requires quick decision-making, attention to detail, and the ability to manage complex cases with high levels of acuity. My experience in this setting has prepared me to respond effectively to a wide range of health concerns — and I bring that same level of care and attentiveness to our students every day. Thank you for helping us create a healthy school environment!

It's That Time of Year Again!

As the weather cools down, cold and flu season begins. Let's work together to help prevent the spread of germs and keep everyone healthy!

Here are a few important reminders:

-Handwashing is key!: Encourage your child(ren) to wash their hands frequently and properly — using soap and warm water for at least 20 seconds.

-Keep sick kids home: If your child has a fever, please keep them home from school. They must be fever-free for 24 hours without the use of medication before returning.

Daily Cold & Flu Prevention Checklist

- Wash hands regularly (20 seconds with soap & water)
- Avoid touching face (especially eyes, nose, mouth)
- Get 7-9 hours of sleep
- Drink plenty of water
- Eat immune-supporting foods (fruits, veggies, whole grains)
- Exercise or move your body (20-30 min)
- Clean/disinfect high-touch surfaces (phone, doorknobs, remotes)
- Cover coughs and sneezes (use elbow or tissue)
- Avoid close contact with sick people
- Use hand sanitizer when needed (60%+ alcohol)
- Manage stress (breathe, stretch, meditate)
- Ventilate indoor spaces (open windows or use air purifiers)