

Kay Carl Elementary School

5625 Corbett Street, Las Vegas, NV 89130

kaycarl.net T: 702-799-6650



That Bee Bold

“Good morning!” said the busy bee.
 I bowed to him and he bowed to me.
 “I’d like to shake your hand!” said he –
 But before he could I turned to flee!
 I was rude perhaps, but won’t you agree
 It would have been sad to shake hands
 with a bee!

Written by Lenore Hetrick



Fifth Grade Folklore

Fifth grade has made it to spring! In Reading we have been immersing ourselves into the genre of informational text. We have been working diligently on text structure, understanding text and graphic features, and mental images. In Writing we have completed our research on our biographies and are wrapping up the projects. SBAC testing is around the corner, so we have been practicing our citing multiple sources in constructive responses. Our latest debate was on cell phones in the classroom and how they can be useful and also cause distractions. The results were definitely an eye-opener to our class. Check back with us next month to read about the exciting adventures as we close out the chapter on 5th grade!!



First Grade Fairytale

First Grade students are working hard to learn all the things that will make them successful in second grade! April will be a month of learning about what plants need to live and grow in reading and writing. In math students will be working on telling time to the hour and



Upcoming Events

April 9

SOT Meeting @ 3:45 p.m.

Crystal Palace 4-8 p.m.

April 12

Progress Reports: check IC

April 12-16

Matilda Jr. Musical

April 18

Storybook STEAM Night 6-8 p.m.

April 24

Donuts w/ Grown-ups 8:00-9:15 a.m.

April 25

Progress Reports: check IC

Highlights in this Issue

Preschool Picture Book	2
Second Grade Short Story	3
Kindergarten Literature	4
Goldilocks’ Guide	5
Health Digest	7
Kindness Calendar	8

half hour. First grade will also be reviewing graphing. Make sure to check your Class Dojo daily for important events and communication from your child's teacher.

Preschool Picture Book



We are nearing the finish line for this year, can you believe it?! This month we will do a Farm unit and incubate eggs to hatch chickens. We will also learn oceans. We are continuing to focus on learning about letters and the sounds they make. Kindergarten is around the corner and we want them to be as prepared as possible! Please make sure you are reviewing these learning skills with them daily so they are ready come August.

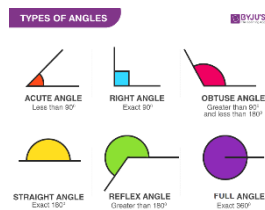
KIDS Mystery

In KIDS, we are currently learning about bugs! We are doing this through books, observations, and manipulatives! We've gotten through the entire alphabet, so now we have moved on to working on beginning letter sounds and some of us are even reading CVC words. We've mastered numbers 0-5, so now we are working on 6-10 and some are working on 11-15 or higher! We are learning how to show numbers in a variety of ways, including the numeral, quantities, and on our fingers! All of us are talking, so we are also working on communication, problem solving, and how to be a good friend!



Fourth Grade Fantasy

In fourth grade we are continuing on with our normal lessons while trying to review for SBAC. SBAC season is from April 2nd to May 2nd, please make sure your student is here on time and has had a good breakfast. We will be notifying parents the day before when your student has testing.



In math we are currently working on angles. This includes finding the measure of angle when a circle is broken into equal parts. Identifying the angles as acute, obtuse, right or straight and learning to use a protractor to measure the angle.

In reading we are focusing on using text information to respond to questions with a heavy focus on RACE. In preparation for SBAC we are using our online platforms such as NoRedInk and Writables.

SBAC Testing

The state testing season is upon us for third through fifth grade students. Please ensure your student gets an appropriate amount of sleep and a healthy breakfast so that they can stay focused and do their best. Students will need to be on time to school so that they do not miss their testing time. Please give your child your vote of confidence in their ability to do well.

Second Grade Short Story

Second graders have continued to work hard on their reading skills by analyzing poetry and poetic devices such as rhythm, rhyme, and alliteration. They have been increasing their understanding of how these poetic devices are used to create and establish a mood to enhance the overall meaning of a poem. Please encourage your child to read for at least 20 minutes each night to practice their reading fluency. Students have also completed writing research papers on George Washington and Abraham Lincoln. In math, students have completed our money unit and



have begun working on time. They have been having fun manipulating mini clocks and even making their own out of construction paper! Have your little tell you the time multiple times a day to encourage the practice and see how much they have learned.

Second Grade President Writing:

Do you know anything about the first and best president of the United States of America? Keep reading to find out so many great things about George Washington throughout his life.



Way before George was president his younger years were a bit hard. His mother died when he was a kid. George spent a lot of time with his brother Lawrence until he died. George had to own a really big land. He had to work hard on a big farm.

When Washington was in the war for freedom against the British he did really good. Since he was a land surveyor he created maps for the people so they knew where to go. He was able to pilot us across the Mississippi river. George was smart to know they weren't expecting to attack on Christmas day. He did great as captain, so they voted him as first president.

After the war he died, but we still remember him today. We remember by city names, Mount Rushmore, and on the one dollar bill and the quarter.

There are all facts about our first president George Washington.

By: Dean



News You Can Use

April Table Topics

Here a few table topics to get your family laughing and telling jokes.

- What is the most important thing to put into brownies? Your teeth
- Knock knock. Who's there? Olive. Olive who? Olive you, do you love me?
- Why shouldn't you tell jokes in the kitchen? Because the dishes might crack up
- Who advises the kitchen president? The cabinet
- What do polar bears have for lunch? Ice-burgers
- What bee can never be understood? A mumble-bee
- What do you get when you cross a snowstorm and a cornfield? Cornflakes
- Why couldn't the astronauts land on the moon? Because it was full
- What do you call a tired tent? A sleepy teepy

Source: growingbookbybook.com

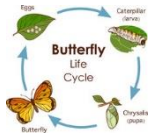
Kindergarten Literature

Spring is here!

Everything is blooming, even our kindergartners!!

During spring our students make tremendous growth in their learning and maturity. Our Tiny Humans are becoming readers, writers, mathematicians, and problem solvers.

At home parents can continue to nurture their child's growth by reading nightly, studying sight words, practicing basic addition and subtraction facts, and exploring the changes in nature around them.



In class we will be learning lots of fun things about nature. How caterpillars change into butterflies, eggs hatch into chicks and seeds grow into plants!

Spring is an exciting season... so is watching our kindergartners grow into first graders!

Happy Spring!!

Third Grade Thriller



Third grade recently made a smooth transition to the portable units while our rooms are being painted and are getting updated sink areas. We had a great Spring Break and are ready to continue to review in preparation for state testing in reading, writing and math. Testing will begin the first week in April.

Students have been busy choosing and researching a famous person. They have been writing short biographies, speeches, and completing their bottle projects. Be watching for photos showing their creativity and hard work! We appreciate all of the parent support and involvement with our biography projects.

ECSE Edition



April is buzzing with activity! We will be exploring insects, and the life cycle of butterflies. We will learn the difference between an insect and a spider and learn the names of their body parts. Be on the look out for amazing art projects, counting games, and flower phonics.



Announcements

Acknowledgements

Thank you for all of your support for our recent fundraisers. We are thankful for the wonderful community that we have surrounding us. The monies raised will be used for student incentives and events, A.R. prizes, etc.

- o Read-a-thon- \$8,542.50

Was your child absent?

If your Kay Carl Champion was absent, please submit the attendance note via our website: kaycarl.net. There is a bright pink button on the front page. You will fill out a Google Form and you are even able to upload notes from your child's doctor. You can also prearrange an absence when completing the form.



Goldilocks' Guide

Improving focus boosts your child's ability to learn



Everybody's mind wanders now and then. But when students regularly “zone out” during class, it affects their ability to learn and retain new information. Studies show that younger students who can't focus tend to become older students who can't focus. And that can mean trouble for your child's education. To help your elementary schooler strengthen attention skills:

- **Remove distractions.** Turn off the TV and other screens while your child does schoolwork. Keep noise to a minimum.
- **Break down large tasks** into more manageable steps. Students can be easily overwhelmed when facing complex assignments. Demonstrate how to divide the work into smaller steps. “First, think about what you want to say. Next, make an outline of your points. Then, start writing.”
- **Encourage breathers** during study time. Don't force your child to work for long periods of time. Instead, have your child set a timer for 20 minutes and take a five-minute break when it goes off. Frequent short breaks help students clear their heads. Remind your child to do this during class, too. Even a 30-second break (maybe by looking into the distance and breathing deeply) can help your child buckle back down and refocus.

Source: A.J. Lundervold and others, “Parent Rated Symptoms of Inattention in Childhood Predict High School Academic Achievement Across Two Culturally and Diagnostically Diverse Samples,” *Frontiers in Psychology*, Frontiers Communications.

Demonstrate respect with six strategies



When it comes to teaching kids about respect, the idea isn't to teach them at all. It's to show them. When you demonstrate what respect looks like, you'll go a long way toward helping your child become respectful. To demonstrate respect:

1. **Be polite.** Say please, thank you and excuse me when talking to your child. Knock before entering your child's room.
2. **Be kind**—especially when your child messes up. Everyone makes mistakes. Help your child learn from mishaps.
3. **Be compassionate.** Try not to embarrass your child, and avoid telling jokes at your child's expense.
4. **Be fair.** Don't pass judgment or punish your child before learning all the facts.
5. **Be dependable.** If you tell your child you'll do something, do it. And when you can't do something, be up front about it.
6. **Be honest.** “Little white lies” chip away at the respect your child feels—or doesn't feel—for you. Kids are always watching what adults do.

Have you teamed up with your child's teachers?



When families and teachers form a strong team, students are the real winners. They learn more and do better academically and socially. Have you been doing everything you can to build a successful school home team? Answer yes or no to the questions below to find out:

1. **Have you met** your child's classroom teacher?
2. **Do you talk** with your child about school each day and review information the school sends home?
3. **Do you monitor** schoolwork? If your child struggles with a subject, do you ask the teacher how you can help at home?
4. **Do you know** how to check grades on Infinite Campus?
5. **Do you make** sure your child attends school each day and has everything needed for assignments?
6. **Have you reviewed** the school rules with your child, and said that it is important to follow them?

How well are you doing?

Each yes answer means you are helping build a strong family-school team. For each no answer, try that idea from the quiz.

Research reveals discipline that actually works



Think about how you were raised. What discipline methods did your family use? Studies show that even when adults don't agree with how they were disciplined as children, many use the same approaches themselves. For example, adults who were yelled at as children were more likely to yell as parents—even if they thought yelling didn't work, according to one study. In order to discipline effectively, consider what you believe will work. Experts say these methods tend to work best:

- Plan ahead. Talk with your child about discipline. Why is it helpful? How does it work? After considering your child's ideas, list basic rules and consequences. Then, follow through with consistency, fairness and respect.
- Acknowledge good behavior. What are the most important behaviors for your child to learn? When you see them, take notice. Say, "It was generous of you to lend your book to the new student in your class."
- Use consequences for misbehavior that are natural or logical, if possible. A natural consequence of forgetting to do an assignment, for example, is getting the lowest possible score. A logical consequence of losing an item is having to replace it.

Source: S. Barkin and others, "Determinants of Parental Discipline Practices: A National Sample From Primary Care Practices," *Clinical Pediatrics*, SAGE Publications

AVOID • SPOT • TREAT

HEAT STROKE & HEAT EXHAUSTION

In hot temperatures your body may be unable to properly cool itself, leading to serious health problems.

AVOID

When the temperature is very high stay indoors. If you must go outside, **dress properly** and **take breaks** often. Know who is at **high risk** for heat stroke and **heat exhaustion**.

Tips to Beat the Heat



Drink plenty of water!



Check on friends and neighbors at high risk for heat-related illness

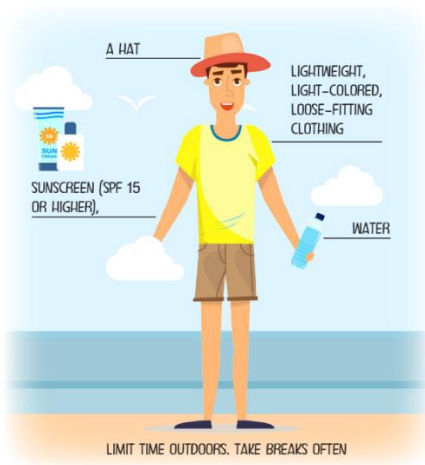


Find air-conditioned places to cool off (shopping malls and libraries)



NEVER leave kids or pets in a closed, parked vehicle

If you go outside, remember:



Know who is at high risk:



Infants



Young children



Older adults



People with chronic medical conditions

SPOT

Know the signs of heat stroke and heat exhaustion.

Heat Stroke



Signs & Symptoms

- Very high body temperature (above 103°F)
- Red, hot, and dry skin (no sweating)
- Rapid, strong pulse
- Throbbing headache
- Dizziness
- Upset stomach
- Confusion
- Passing out

Heat Exhaustion



Signs & Symptoms

- Heavy sweating
- Pale skin
- Muscle cramps
- Tiredness
- Weakness
- Dizziness
- Headache
- Upset stomach or vomiting
- Fainting

! If you see any of these signs, get medical help immediately.

TREAT

While waiting for medical attention, you can help someone with heat stroke or heat exhaustion.

Heat Stroke



Move the victim to a shady area or indoors. Do not give the person fluids. Cool the body by:

- Placing person in a cool (not cold) bath or shower
- Spraying with a garden hose
- Sponging with cool water
- Fanning

Continue efforts to cool the person until help arrives or his or her body temperature falls below 102°F and stays there.

Heat Exhaustion

Get medical attention if symptoms get worse or last longer than one hour. Cool the body with:



- Cool, nonalcoholic beverages
- Rest
- A cool (not cold) bath, shower, or sponge bath
- Moving to an air-conditioned room
- Wearing lightweight clothing

! immediately if symptoms are severe or if victim has heat problems or high blood pressure

<http://emergency.cdc.gov/disasters/extremeheat/>



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

CS 262488-B

APRIL 2024

RANDOM ACTS OF KINDNESS
FOUNDATION®

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Tell your siblings what they mean to you.	Give your pet some extra attention.	Thank your librarian or assistant for their hard work.	Use both sides of your paper.	Share a funny joke to make others laugh out loud.	Invite a friend to share dinner with your family.	Use your unique talent to make the world a better place.																																																																																																																
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Get up early to appreciate the sunrise.	Make an effort to waste less time.	Help organize a space in your classroom.	Enjoy a cup of tea with a classmate you don't know well.	Post an inspiring story on social media.	Gift a plant to a staff member of your school.	Gather some friends or family members to clean up a favorite trail in your community.																																																																																																																
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Donate your gently used clothing.	Pack lunch with reusable containers.	Complete a random act of kindness for someone.	Listen to someone and offer words of wisdom.	Spend time cleaning up the grounds outside your school.	Be kind with your words. You never know what someone is struggling with.	Be honest with yourself and others today.																																																																																																																
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Conserve water.	Set positive intentions for your week.	Pick up trash in your school hallways. 																																																																																																																				

Visit www.randomactsofkindness.org for more kindness ideas.

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